

DISCOVER THE POWER WITHIN YOU -
by ERIC BUTTERWORTH

Excerpts

This book will ask the question **"What did Jesus really teach?"**

Jesus taught the Divinity of Man.

Jesus said, "He that believeth on me, the works that I do shall he do also; and greater works than these shall he do. . . (John 14:12)

All discovery is self discovery and all knowledge is self-knowledge.

Deep within each of us is a goodness unimagined, wisdom, music, talents of every variety, joy, peace, humility, love and spirituality.

"Be still, and know that I am God" (Ps. 46:10]. **"The Kingdom of God is within you."**

Christ lives within us, that lived in Jesus. "You can do what I do, if you have faith."

There is simply a decision to accept the Christ in yourself, to follow Jesus guidance and make the same discovery of the unity in yourself that He had found in Himself.

When we know the Truth of this great spiritual potential within us which Jesus called the Kingdom of God within, we are free to become our unlimited self, free to do unlimited things.

"Come and sit with me for a while and let me help you to see as I see, to feel the depth of the Spirit in you as I have felt it within me.

"Let go and let God." We make a conscious decision to let God really take over in every area of our lives. We must all make the great decision to reach for the highest and to claim the divinity within us.

To Jesus, GOD was not an object of worship, but a Presence dwelling in us, a force surrounding us, and a Principle by which we live.

GOD is a Presence dwelling within us.

You can never be separated from God because you are an expression of God, the very self-livingness of God. God cannot forsake you any more than gravity can forsake you. As an expression of God, you are God expressing Himself as you

God expects only one thing of you, and that is that you should stop thinking of yourself as a created being and let God be God in you.

You are the Presence of God at the point where you are. Thus, it is true of you as it was of Jesus, **"I and the Father are one."** You are an individualized part, but the whole is always in the part; thus **God is within you.**

This is the great unitive idea that Jesus taught. "I and the Father are one"—

We live and move and have our being in an infinite ocean of intelligence and life and substance, and we are a wave within that ocean in which intelligence and life and substance are projected into livingness as the person we are.

You are beloved of God—simply because you are the activity of God living itself out into expression as you. God loves you because God is love and thus love is your true nature.

God's will for life transcends even man's desire for

death. This is Grace the divine favor, the activity of God's love, and works for us constantly.

Dwell much on the idea of your unity with God. It is the basis of Jesus' teaching, and the very foundation of the Abundant Life which He promises.

There is no way in which you can be separated from God. Because you are the activity of God in manifestation.

There is no place in all the world where you can get closer to God than where you are right now.

You may become more aware of God, but you can never change this closeness which is the Presence of God in you. This is the great Truth that Jesus came to teach.

Christ in you is your own spiritual unity with the Infinite, the key to your health and success.

There is a divinely inspired potentiality for creative expression within each one of us that the world needs and is awaiting.

Affirm for yourself, "I am a spiritual being. I am whole and free. I am confident and capable. I am the master of my life."

Kingdom of Heaven, which Jesus describes as located "within you."

There is a lovely Hindustani word of greeting or salutation, "Namaskar" (pronounced *nummusKAR*). It literally means, "I salute the divinity in you."

"Thou art the Christ, the son of the living God."
Namaskar!

Morning Prayer: Namaskar! "I salute the divinity in

myself. I am strong and able. I can do all that I need to do this day. My mind is alert, my body vital and healthy, and my way will be strewn with golden opportunities. No matter what this day will bring to me, there is that in me that is great enough to meet it, overcome it, and be blessed by it. Namaskar!"

THE BEATITUDES - paraphrased

To bless is "to confer prosperity upon, to enrich."

"Suffer patiently through your poverty today, for in some future heaven you will have your reward."

"You are richly blessed to have the tragedy and sorrow now, because your reward will come in a future heaven."

Work diligently to get this consciousness of meekness which is the "taming" or harnessing of your inner potential—and you will become a master in your field. You will "inherit the earth."

"Hunger and thirst after righteousness." If men fulfill their part, the promise is "they shall be filled."

"I keep my thoughts centered upon only those things, that I want to see manifest in my life."

"I see the world, not as it is, but as I AM, and I AM in Spiritual Unity With God.

"I AM a child of God and I act like one. I AM a radiating center of Peace and Love."

"In my quest for Truth I press on past my humanity, to a deep Awareness and increasing Releasement of my Potential Divinity."

"Let your light shine." Live spiritually brightly with all encounters.

He proclaimed that the Truth should set all men free

from bondage to sickness or poverty.

Know the Truth about yourself, about the indwelling potential of your own divinity. Know the divine law and open your inner eye to see life from a higher dimension. "Ye shall know the Truth and the Truth shall make you free."

Your responsibility to yourself as well as to the divine law, is to keep yourself inwardly poised and to keep your thoughts positive and loving, in spite of injustice or disorder around you.

"Forgive us our debts as we forgive our debtors"

When you find yourself getting resistant or hostile or envious or angry, when the seeds of conflict begin to reveal themselves in you, settle with them immediately by "agreeing with God." Affirm your unity with Infinite Mind and the inexhaustible resources of love and peace.

All lack and financial difficulty begin in the mind. When the earliest experience of anxiety or concern or

fear or worry about money or work comes to mind, right then say "no!" to the whole chain of negative thought. Then say "yes" to God, to good, to abundance, to your personal security. Affirm, "I agree with God only."

Stand up and speak the word of "peace" to the storms of human thought.

Jesus was a great way-shower. Jesus was showing the way to seeing our own Divinity with God.

Anything that is standing between Us and our Spiritual Unity with God must go.

We can't always control what happens to us. But we can control what we think about what happens—and what we

are thinking *is* our life at any particular moment.

Jesus is pointing that the one true need in our lives is to get right, in consciousness, with God. And anything that is standing between us and our spiritual unity with God must go.

If you cannot see beyond the appearances in another person, then you do not really love him. True love is spiritual perception, an insight sensitive to the innate divinity.

Life is a great and continuous process of growth. We move from classroom to classroom. And in school, we expect to be tested. School need not be an unhappy experience, but it is a happy time only if we are nonresistant to the process of growth and change.

I am loving and responsive to the divinity in everyone I meet.

Jesus says, "Keep your mind open. Don't mortgage your future by making or taking vows. Be receptive to the continuous unfoldment of the Truth in and through you. Give thanks that life is lived one day at a time, and that every day is a glorious opportunity to be strong, to overcome, to achieve, and to be happy.

You are both human and divine. There is that in you that can never be hurt, that is always poised and peaceful, that knows your spiritual unity with God and knows that no one can take your good from you.

"Why are you so nice to him?" The answer is a classic that reflects a deep understanding of Jesus' law of nonresistance. The Quaker said, "But why should I let him determine how I am going to act?"

When you see the beggar (or the friend) approaching, if you find resistance welling up in you, "turn the other cheek" immediately. Get your mind on the loving, nonresistant Christ-consciousness.

What matters to us, in reality, is not people or things or conditions in themselves, but the thoughts and

feelings we harbor concerning them. It is not the conduct of others but our reaction to it that makes or mars our life experience.

Love is a divine energy that begins in God and has no end. We tune in on this energy and are moved by it as it flows through us.

At any time, under any circumstances, we can turn on the light, and the infinite energy of love will dissolve darkness, heal broken relationships and become a veritable protecting presence.

Jesus taught the Divinity of Man, and that man is intended to continue in unfoldment until he expresses and experiences the dynamic life of God.

You are a growing, expanding, evolving, dynamic life-idea in God-Mind. There can never be a limit to God, and thus there can never be a limit to you if you get into God-consciousness."

Life is eternal, and we are alive in eternity now.

Know your own divinity, you know it is not for just a day but for always.

Meditate deeply on the Truth of your oneness with God. As we think, speak, and act toward others, so will others think, speak, and act toward us.

He who would save the world must first of all save himself. He who would enlighten his brother must first of all be enlightened himself.

Upgrade your desire and put it in spiritual terms in the form of an affirmation: ***"I am God's child and it is right for me to have love and companionship and fulfillment. I claim it, I give thanks for it."*** Now you become an attractive force.

Do as you would be done by, think as you would like to experience, love and you shall be loved, forgive and you shall be forgiven.

This is what Jesus is saying, "All these things which I have outlined for you, this philosophy or way of life, can lead you to self-discovery and to abundant living.

Devote some time to quiet meditation and contemplation of yourself as a spiritual being.

Know that Truth is not something you learn or accumulate in memory, but something you unfold within yourself.

"Sin occurs when man is out of harmony with the Source of his being."

Sin is a sense of separation from God.

Sin is its own punishment and righteousness is its own reward.

There is evil in the world, and there are many people expressing evil ways. However, as darkness is an absence of light, so evil is an absence of good.

In this human state of consciousness we live in a sense of separation from God and from our fellow man. We act as though we had a life of our own; as though we could have plans, purposes, and interests separate from God's.

You are not punished so much for your sins as by them. Sin is its own punishment and righteousness is its own reward.

The light is its own reward. Thus sin is its own punishment and righteousness is its own reward.

God as love cannot be anything else but love. God does not hold less than love for you no matter what you have done or haven't done, because God is love.

God is love as the potential in me even though I am angry and bitter. The moment I release my bitterness, rise above my guilt, stop feeling sorry for myself, in that moment "God is love" sweeps through me and loves me.

The moment I come to myself, know the Truth of my innate divinity, my divine sonship, with God.

HOW GOD FORGIVES:

That moment I turn on the light, and I let the flood of life and inspiration and intelligence fill me and thrill me—and I am transformed. I am forgiven, because I have forgiven myself.

God is love and He can only love you when you love. If you want forgiveness, you must express forgiveness. There is no other way.

You can express more love, more understanding, and in this way you release the positive power of the Spirit that cleanses you.

When you turn to God, God turns toward you. Suddenly, you have the whole universe on your side in your effort toward change.

There are times when Jesus' teachings might seem too demanding. He tells us that it is not enough to stop hating; we must start loving. It is not enough to let a matter drop; we must actually forgive everyone involved. It is not enough even to say, "I forgive you"; we must say it and mean it and go on to prove it in action.

"All that I do you can do too, . . . and even more."

Jesus proved to man for all time that man is divine, and that every man has within himself the power of healing. He can be a healing influence for others, and he can be healed. "And nothing shall be impossible to him."

The potential for healing is in every person simply

because he is innately divine, innately whole and complete. Jesus' insight was so great, and He saw the divinity in the other person with such intensity, that there was a healing light.

Spiritual healing is possible simply because man is essentially a spiritual being, and healing is simply the art of "opening out a way whence the imprisoned splendor may escape."

Jesus taught that man lives in two worlds—not in succession, but concurrently. He lives in the world of appearances, the three-dimensional world of form and shape, of time and space—the world where we have fluctuating experiences of sickness and health, of peace and war, of harmony and chaos. But man also lives in a spiritual world as a spiritual being.

There is that of you that is greater than your weakness, stronger than your fears, the four-dimensional creature that is whole even within your sickness.

There is a divinity in man which is the whole and perfect activity of God.

"Father, let your perfect will be done in and through me. I accept your healing activity. I will to will your will. I desire healing for I believe that anything less than health and the desire for healing is a rejection of thy presence as Life in me."

Faith is the key to the fourth dimension of living, the bridge into the world of the whole man. Faith is the perception by which we can see wholeness where there appears to be sickness. It is the conviction that where lack appears, there is plenty, where pain appears, there is surcease, that in chaos there is harmony. In sickness, there is whole-ness. Faith accepts wholeness.

Do you have faith? You can answer this for yourself. Faith is not simply the desire to be whole. It is not

just the hope that somehow, if conditions are right, God will heal you. Faith is the perception of wholeness, the intuitive sense of *being* whole even in the midst of sickness. Remember Jesus said, "Pray, believing you have received, and you will receive."

Faith is the eye that sees the Spirit, the hand that clings to the Spirit, and the receiving power that appropriates the Spirit. Open your eyes and see. Through faith you will see beyond the appearance and accept and claim your wholeness.

He indicates that if you are experiencing lack, you are not accepting yourself in the fullness of your own unique relationship with the Infinite. The sin is "not to know thine own divinity."

We live in a Universe that is opulent, limitless, and accommodating. It will manifest for us exactly what we have the consciousness to encompass. There is a legitimate, royal abundance for every living soul.

The only lack in life is the thought of lack. You are always as rich as you think you are, and the only poverty is of the spirit.

We should not hesitate to ask largely. God can give much as easily as He can give little.

Bless everything, and your life will be blessed with riches hitherto undreamed of.

In this wonderfully accommodating Universe, if you have the consciousness of abundance—if you feel rich—you will claim riches and accept abundance and your cup will be filled.

God can do no more for you than He can do through you.

The miracle of abundance works through your consciousness, in accordance with your experience, your attitudes, your self-evaluation.

The law is, "It is your Father's good pleasure to give

you the kingdom" (Luke 12:32). God is all-sufficiency—your instant, constant, and abundant supply.

The important thing is, since substance is—opulent and limitless and everywhere present—the great miracle-working power is faith. Faith is the ability to perceive substance, to draw it forth, to form it and shape it into what we need.

We need to stir up the faith to believe that we are in spiritual unity with the whole; that our mind is a channel through which great ideas flow.

With the uplifting thoughts of abundance, they will begin to claim their inheritance of abundance.

We believe in the things of the Spirit, but we desire the things of the flesh. Though we are all divine in potential, yet we often act the part of our humanity. We frustrate our potentialities. We conceal our innate goodness. Thus we betray the Christ for the gratification of human desires.

Thus, in the crucifixion, we see that the personal ego, the material-centered thoughts must go, must die so that the true essence of the divine in man may live.

You are divine. No matter what you have thought of yourself, no matter what you have done in your life or with it, no matter how limited your experience has seemed to be—you are divine.

The divinity of you is that of you that is eternal, ageless, deathless, whole and complete. It is that of you that is perfect even when you seem to be imperfect. It is that of you that knows even when you are facing indecisiveness and fear. It is that of you that can never be alone. It is that of you that can never really be sick. It is that of you that can never be frustrated. For it is the true God-self of you.

Life is for living! Life is for growing and unfolding, for experiencing a deeper and deeper awareness of the *ISness* of God.

Anything you will ever be, you already are. The greatness of the Infinite is already involved in you. Sleeping within you is a strong, capable, confident, dynamic person—the person you long to be.

We know that there is a presence, there is a power, there is an intelligence. And we know our oneness with it. "I am in tune with the Infinite and I can do what needs to be done. Through the power that indwells me I can succeed, I can overcome, I can be what I want to be."

Every year on Easter morning, millions of people throughout the Christian world proclaim the words, "He is Risen, Hallelujah, He is Risen." If only every devotee could catch the deep implications of Easter and of his own statement, "He is risen." If everyone would realize that "He is risen in me, which enables me to see that which is risen in every person in the world," we would see a manifestation of "peace on earth, good will toward men."

The very nature of life is growth.

Life is growth and unfoldment, and life is lived from inside out. How few people really know this! The average person lives his life from outside in. He frustrates his potential when he lets his level of consciousness be determined by what people say, what conditions appear to be, what he reads in the newspapers.

No matter what condition the world is in, you can find and express peace within yourself, for the Kingdom of God is within you.

It is not enough to isolate yourself in peace away from the world. You must become a peacemaker, an influence for peace among men.

"Namaskar!" I salute the divinity in you. And then go out and act the part.

Meditate deeply on the truth of your

oneness with God.

Do as you would be done by, think as you would like to experience. Love and you shall be loved. Forgive and you shall be forgiven.

There is more in you, ***there is a divinity in you, the Kingdom of God is within you.*** You can release your potential, for Jesus proved that you have it, and that you can release it. This is what Jesus *really* taught.

JESUS TAUGHT THE DIVINITY OF MAN.

EXCERPTS FROM "DISCOVER THE POWER WITHIN YOU" BY ERIC BUTTERWORTH, EXCERPTED BY DOUGLAS K. POOR

(HIT BACK BUTTON TO RETURN TO PRACTICAL SPIRITUALITY)

Supplement:

This is about the Religion of Jesus, the Worship and Separation:

{The Council of Nicaea was called by Constantine in A.D. 325 to secure unity in the Christian fold for his own political support. The council was called for the purpose of hammering out a concept of God that would be acceptable to all factions—almost like a modern union-management negotiation. History records that there was a bitterly-contested struggle, during which Arius got up to speak and Nicholas of Myra punched him in the nose. Finally, the votes were taken, and with a narrow majority what came to be known as the Doctrine of the Holy Trinity emerged. So, a group of men in debate determined for all time the nature of God. Now God became three persons: Father, Son, and Holy Ghost. No one has ever really understood it and it has been the source of endless wranglings and schisms. Oh, we can and often do make an interesting metaphysical case out of it. But strangely, Jesus, who should be the central figure in any Christian theology, had nothing whatever to say about the Trinity. Thus, it becomes obvious that Jesus was relegated to a secondary role in the Church that had sprung up around Him. He was important only as a fixture, sitting by the opaque window through which no one could see anymore.}

(A study of the evolution of religious philosophies shows that what has passed for religion has been formulated out of the prevailing thoughts and fears of man.)

(Today, most Christians are taught the rationalistic doctrine that misfortune of any kind is God's will, and should be stoically accepted.)

(Jesus' inspired life and not His agonized death that was and is the keynote of Christianity.)

(It was only as religions became corporate bodies that dogma and ceremony took precedence over the individual quest. In time the purpose of religion, from the standpoint of its work with the individual, was unity with the church rather than unity with God.)

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