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WELCOME TO

“Life Is For Loving” by Eric Butterworth, a popular book, by the author who believed, that Jesus/Yeshua taught, “we are all divine. These are excerpts edited and voiced by Douglas K. Poor

“I AM LOVEFUL”

Scriptural text: “God/Spirit is love” (1 John 4:8 & 1 John 4:16). Love is man’s true nature. Love is an inner power. It begins in Spiritual source, flows out through you, and goes on without end. Jesus, known in his native language as Yeshua, the loving, spiritual master, taught the Divinity Of Man. This means I am in loving God/Spirit and God/Spirit is in me. This is our Spiritual Unity and the loving oneness of the universe.



God/Spirit loves us, and is the love in us All, uniting with all the love within God/Spirit.

After reading “Life Is For Loving” you may conclude that the word “lovelful” should be a valid term. I am a “lovelful” person.”



“GROWING UP “LOVEFUL”

God/Spirit is Love. We are rooted and grounded in the Allness of love. If parents gave us everything as children, except the feeling of being loved. Then life for us is almost completely exterior oriented. The most sordid and depraved lives are really crying out, “will someone please love me?” Within every person is a hunger and thirst, to be loved, to express love, to let the infinite power of love flow through us. If parents gave us Unconditional Love and Support then we are healthy, well adjusted, confident and “Loveful.”

We have been taught to think of love as a commodity, rather than a divine process. I am that something, that I call God/Spirit, that is expressing itself as

me. A great need in the life of people is loving. God/Spirit loves us, and is love in us. Love unites within us with the love within God/Spirit. This is the unity of life, the loving oneness, and we celebrate.

SELF LOVE

There is no other way to truly express love except through self love. You can be loving, which will create an environment, in which others, may find it easy to radiate and express love, and thus be loving to you. Our capacity to love is directly dependent upon our ability, to love ourselves with a mature self love. It consists not in finding the right person, but becoming the right person.

When you love yourself, you are secure and “within dependent.” You can face the changes in the world without threat. If you do not love yourself, you are not centered in the reality of yourself, which is love. You’re not letting yourself be “lovely”. It takes great inner strength, which comes only from feelings of self respect, and mature self love. And you become a human being centered, in the love of the infinite God/Spirit. This is adequate to help and heal any situation, as Meister Eckhart might say “Let the loving God/Spirit show in you.”

LOVE FOR OTHERS

“Love your neighbor” which means act lovingly toward him. In many religions you will hear the truth, on the Sabbath Day, and then promptly, put it back into the “six-day closet of unconcern. “You shall love your neighbor as yourself.” Mark 12:31. Yeshua the loving, spiritual master, said “I say to you, love your enemies and pray for those who persecute you.” Matthew 5:43.

We let this love process move through us in our attitudes, our manners, and our actions. Yeshua said, this is my commandment: “that you love one another” from John 15:12. This means that we are “lovely” and loving to one another.

You are not really getting the message of truth, unless you are loving, kind, thoughtful, tender, and accepting of people, as they are. Move from love platitudes, to loving attitudes— — and actions. You will salute the Divinity within others, and celebrate love, as the one true reality, in which we all live, and move and have being. “You learn to love by loving. There is no other way.”

Study love. Meditate on the love idea and the whole process of loving. Take a love walk. Make contact with every person you pass — — — but in a loving way. Look beyond the appearances, to see from the consciousness of love, which will enable you, to behold and see the lovable, within even the most sordid character. This is the best possible technique, for creating an umbrella of the protecting love of God/Spirit.

LOVE AND BEING LOVED

Our urge for love and for loving is always present, as an explanation for our hungers and drives, and also as a key to our potential, for growth and achievement. Let us remember that love, is not finding the right person to love or be loved by. It is being a loving person and being “lovely.”

Let us meditate long on the realization, that we are created in and of love, that

love is the one reality of our life, and that there is always enough love to go around— — If we are willing to turn it on by being “lovelful.” Love all of creation, the whole universe, every grain of sand, love every leaf, every ray of God/Spirit's light. Love the animals, love the plants, love everything. If you love everything you will perceive the Divine mystery of things. Once you perceive it, you will begin in consciousness to comprehend it better every day. And you will come at last to love the whole world, with an all embracing love.

I love all people as I love myself. I am a channel for the expression of the infinite love of God/Spirit.



GOD/SPIRIT IS LOVE

In the Old Testament the love of God/Spirit has been presented as being capricious. The Old Testament God/Spirit loves and hates, he creates and destroys. His wrath and anger at times is frightening to behold. What we have not taken into account, is that these writings reflect the fact, that the early Hebrews were only a little removed, from the belief in pagan ideas and deities, and thus their concept of the “one loving God/Spirit” did not always reflect the purity in which Moses gave it to them.

Fortunately, there is an occasional glimpse of the reality of God/Spirit as Love, such as in Jeremiah: “God/Spirit said, “I have loved you with an everlasting love,” from Jeremiah 31:3. We are always in love, we are always loved, and we always have enough love within us, to deal with any and all relationships, and experiences in the world.

God/Spirit is that which flows through us, from an inward source that is inexhaustible. Let the activity of love flow through you, loving yourself, and thus radiating a love, for all, that builds on a secure and mature self-love.

Love can only be found within ourselves. We are created totally in the image and likeness of God/Spirit who is love.

SIN IS SEPARATION

Sin is not knowing our inherent Divinity, and living separate from the love of God/Spirit. It is living a lie, by acting as if our humanity, were the reality of us. When man doesn't know his Divinity, when he doesn't know the depth of his own innate goodness, when he doesn't know that he is a wonderful and “lovelful” expression of God/Spirit. He does a lot of things, that are the result of the frustration of his potentiality. The result is what is called “evil,” which may be defined as; the concealment of the our goodness. Sin and evil arise from a lack of the feeling, of love and of being loved.

God/Spirit says “I have loved you with an everlasting love.” We are not punished for our sins, but by our sins. God/Spirit knows nothing of sin, of want, of lack.

God/Spirit is love, a principle and process. This is a love in you, and that loves you totally and changelessly.

We live in universal unity, as we are bound in oneness with the Allness of love. God/Spirit does not, and cannot hold less than love for you, no matter what you have done or have left undone.

God/Spirit is love even when we are filled with the sin of separation, with hatred, or when we are angry and bitter. To turn any hate, anger and bitterness into love, we let God/Spirit, who has always loved us, live within us, as we are being “lovedful.”

THE DIVINITY OF LOVE

Man is a spiritual being, created in and of love, with the same mind that was in Yeshua the loving spiritual master. Man is divine as Yeshua was divine. But the power and privilege, that goes with our Divinity, is only ours, when we act “lovedful.” The difference between Yeshua and us is not that he was created under a special dispensation, but that he acted constantly at the level of his Divinity. While we act much of the time at the level of our humanity.

Evil is the concealment of good, caused by the frustration of the potentiality for good in many persons. There is a lot of good being concealed, and a lot of God/Spirit's love being restricted, resulting in an a great deal of perversity and inhumanity to man.

FORGIVENESS

How many times should I forgive a person? Yeshua said “70 times 7,” in Matthew 18:21. Our judgment binds us to, and restricts the flow of Divine love, and that the forgiveness of others depends upon self forgiveness.

There is only one power, the power of the loving God/Spirit. The first step is to forgive, to turn the other cheek, to turn to the other side of our nature, from human to the divine. This means to stop seeing in part with all the separation and division, and see wholeness, see Allness with eyes of love.

Forgive and you will be forgiven. We cannot endure without love, and there is no other way to the return of healing, comfort, and harmonizing love, then through total and complete forgiveness. If we want freedom, want peace, and want to experience our loving God/Spirit, we must let go and forgive. We have to permit the activity of God/Spirit to flow. We must forgive and let go, cleansing ourselves from bitterness or enmity.

On capital punishment, to take the life for a life that has been taken, is an attempt to stop crime by committing more crimes. A society that engages in capital punishment can never achieve peace, or even a modicum of law and order because it carries a millstone around it's neck. We must forgive to be forgiven.

We must start loving and blessing all persons, even those who have hurt us or used us, so that we can get back into the stream of positive love energy, without which our body temple cannot long survive.

Yeshua combined the forgiveness of others, with the forgiveness of God/Spirit . He knew that when we judge others, we find ourselves in a restricting judgment of ourself. Our bitterness and hatred and un-forgiveness of others, tightens the hand in un-consciousness, that shuts us off from the constancy of God/Spirit's healing love.

THE UNHEALTHY EGO

The Principle of love is the answer, the cure and the healing therapy. The person who does wrong acts, out of frustration of power, can only heal through the process of love in his life.

Holding un-forgiveness and responding with war, retaliation or punishment, is acting as though man is an isolated, separate being, as if existence is not one and harmonious, but a chaos of competition and strife. It means that we are quite separate from our fellow man and can injure him, rob him, or hurt or destroy him, without any damage to ourselves.

Acting out of the unhealthy ego, makes a person believe, that the more we take from other people, the more we have for ourselves. And the more we consider our own interests, and are indifferent to the welfare of others, the better off we are. And it follows that it pays others to treat us the same way. If all this be true, than the world is a jungle, and sooner or later the world must destroy itself by its own inherent weakness.

The good news, of all the great mystic teachers of the ages, is that there is a unity of life, in which all persons are created in, and of love all is immersed in the same dynamic flow of infinite love, life and wisdom.

Know the truth and be free, or frustrate your potential, and walk in darkness. The only trouble from which man must be redeemed is self. The lower self. To forgive means to pass from judgment to understanding. Going deep down into the wealth of spiritual insight, touching the underground stream of love, where we can know, with Emerson that, "I am my brother and my brother is me." That's why we forgive ourselves, for judging our brother, If we judge others, it is a judgment of ourselves.

Return from resistance and resentment to love, letting it heal the hurt and bind up the broken circuitry of our life. Theologically, the unforgivable sin is simply the closed mind. If the mind of man is made up in prejudice and bitterness, than the love of God/Spirit cannot do its healing work. If we insist upon carrying our hurt and our guilt, then we must go on punishing ourselves, but it is self punishment for our refusal to forgive ourselves.

HEALTHFULNESS

When you are sick of being sick, you'll get well. Health is natural, and sickness is caused and perpetuated, by an unnatural influence of negative thoughts and emotions. When mankind is a loving whole, a oneness, then the parts that are made up of with walls, of separation and the wars that result, then the walls will

come down. Men and women will begin to emphasize likenesses, instead of differences. If you realize that you are a being of love, created as an image and likeness of God/Spirit, who is love. That love is always the reality of you, at the depth of you, and that life is for loving. Then forgiveness is automatic in your life, for you will not judge persons or take offense at their actions. You need only to let go and let God/Spirit be the love in you, and let love be loving in you, let love be you, for life is for loving.

LOVE & ONENESS INSTEAD OF LONELINESS

Away from our experience of complete oneness, we are cut off to become fearfully aware of separation, all through our lives. One of our deepest needs is to overcome our separateness, to leave the prison of aloneness. The feeling of loneliness is one of the greatest challenges of human experience. What is loneliness? It is a deficiency of spirit. That love is always the reality of you, at the depth of you, and that life is for loving. Then forgiveness is automatic in your life, for you will not judge persons or take offense at their actions. You need only to let go and let God/Spirit be the love in you, and let love be loving in you, let love be you, for life is for loving.

You are a being of love, created in the image and likeness of God/Spirit, who is love. Love is your very nature. Without the acceptance of love within you, you are unable to accept love from others, even when it is sincerely offered. Until you touch the love that is you, you can never touch the love that is in another. Turn your thoughts within, and feel the warmth and support, of the eternal fountain of love, in which you live and have being.

You are in love, no matter what the conditions of your environment. You can then look about you in friendliness, knowing for all persons, I am in love with you. We are in love together. If you prepare yourself, through deep and intensive meditation, upon the reality of your own oneness, in the Allness of love. This will be a guiding and protecting presence to you in all your ways.

Each person lives in a separate world, the world of his own thinking. The person who is possessive, over solicitous and overprotective, believes that love is the projection of his own ego, but it is limited. He doesn't know that inner centered love has no end. There can be no jealousy in Love. In the oneness which love reveals there is security and freedom.

In the heart of every person, there is a great homesickness for loving God/Spirit, for wholeness, for relatedness, for unity. It comes from an intuitive awareness of the reality, of our true being, in love. It is the longing for the whole human self, longing for unity with the universal loving self.

In our deeper being, all beings are one being, and all individual cells are in oneness. Thus we realize our unity with God/Spirit. We feel the flow of love and a sense of oneness with all persons. Lack of this awareness of spiritual unity, the oneness of all life, of all persons, leads to inner loneliness. It also leads to all forms of selfishness, the unhealthy ego, of anger, and hate, all pride, vanity, conceit, contempt for others, all injustice, greed, cruelty, and crime.

The unhealthy ego believes, in the superiority of oneself, and the inferiority of others, hence the so-called race problem. We can see that most of the problems of society, or of man's inhumanity to man, are the result of the failure of persons to know themselves as beings of love, centered in the love that is God/Spirit.

The great illusion that men are private, separate selves, living private, separate lives, having private separate existence, with private separate fates and destinies, has created all the disunity in the world since time began. What the world needs is love.

Loneliness is a painful threat to many, who have no conception of the positive value of solitude. The average person does not engage, in introspection or original thinking. The average person is unconscious. This is not true with the creative person, the original thinker, the conscious one. He is not at all disturbed by being alone. Actually he is enthusiastic about the prospect, for he will just be free, from the distractions of people and events, and will be able to engage in serious thought, creativity and consciousness.

In time the unconscious join the adult society, on the treadmill of involvement, to escape the sense of loneliness, that each carries with him or her, wherever he or she goes. It becomes a sickness, whose only cure is the understanding and rediscovery of consciousness, of the deeper self, that is created, in the image and likeness of God/Spirit, who is love. Our goal is to find our oneness with God/Spirit in the reality of our wholeness in love.

That's the cure for loneliness, strange as it may seem, it is not a more active involvement in the world, but in seeking active unfoldment and consciousness from within, of our essential self, which has been isolated. The lonely person needs to cultivate the art of creative solitude, to plumb the depths of his or her inner self through meditation, to temporally get away from people and relationships, and become established in the root, the reality of our loving God/Spirit.

Loneliness is not a longing for people, but for loving God/Spirit. It is in self-discovery and self realization, it is in reflecting upon: God/Spirit as love. It is knowing that you are loved with an everlasting love, and that you are always in love. You can never be alone.

You can grow from loneliness to oneness, but it will take effort. You will need to realize the reality of love, that is always present, and you'll have to practice its presence. You may feel that your loneliness, will give way to oneness, when your true love comes along. Don't delude yourself. It is not in finding the right person, but in being the right person, that leads to the fulfillment in love.

Love is an energy force with fantastic possibilities for your life, but it is not to be found in human relations, only in the depth of your innermost self. When you find and experience it, at the depth of you, your whole consciousness will be centered in love. Without conscious effort you will love things, love the world, love flowers, trees and people on the street. You will easily become a channel for unrestricted love to flow through you, and an instrument for the creative

process, of the infinite to do it's wonderful work, under the warming, healing, and prospering influence of that love.

You will feel loved and secure and protected wherever you may be. And you will have solved the problem of loneliness forever. You will never be afraid of being alone again, nor will you ever again be lonely when you are alone.

And you will become amazingly attractive and socially acceptable. You will be invited everywhere, with friends and love and companionship, beyond the point imaginable.

But most important, if it is your desire, into this dynamic flow of happy and fulfilling relationships, will come one person with whom you can become mutually loved. For it is written, it is not good that man or woman should be alone. Genesis 2:18. We can meditate on love, the totality of love, flowing into and through our heart. In loving another person, we say I am in love with you, and you are in love with me. We are in love together, therefore we are whole.

LOVE IS WHAT GOD/SPIRIT IS ALL ABOUT

Love is a divine attribute of man, who is fundamentally a spiritual being. To talk about love and leave out God/Spirit, is like talking about making hay, while the sunshines and omit the sun. God/Spirit is what love is all about.

Meister Eckhart sees the transcendent goal of life, as to let God/Spirit be loving in you. We are in love with all persons, for all persons are created in and out of love. Unless there is a willingness, to rise out of this indulgence of self, into the selfless attitude of the helpmate, true spiritual union is not possible.

The unity of all life is forever, being drawn toward oneness or wholeness. The great goal of life is spiritual union, the oneness of the human and the divine within the individual. The consciousness of our being in love with God/Spirit, that loves us.

It is love alone that can enable man to relate harmoniously, with fellow beings without feuding and war.

THE HEALING POWER OF LOVE

It is probably true that more people are sick from lack of love in their lives, than from all other causes put together.

When Yeshua, the loving, spiritual master, repeatedly emphasized such things as love one another; love your neighbor as yourself; love your enemy; go the extra mile. He was dealing with the healing power of love. He was an example of healing, and how to dwell in the fullness of love, which is the key to health and healing.

Man and woman are so created that we cannot survive in health and wellness without love. We are created in and out of love. To deny the flow of love in us, is to deny the reality of our being. To live with anything less than love contaminates the wholeness that we are, frustrating our potential for the creative experience

of life in its fullness. The lack of love creates a place, where ill health can take hold.

Anything less than love in the mind and heart of us, causes tension and stress. And this unconsciousness is in moods, that are unloving, and actually creates harmful fluids, toxins and toxic poisons in the body.

Be open to be transformed by the renewing, of the mind in love. Life is lived from inside out. It is ideal to set the tone for the day, each morning, by remembering, "In the beginning love."

The wise student of life will realize, that any evidence of anger, hate, bitterness, envy, or criticism in his or her own nature, are danger signals that should never be ignored. The most necessary part of learning, is to unlearn our errors. We need to start loving quickly, just as we would hurry to put an antidote in our stomach, if we had inadvertently taken a poison. The adversities that hurt or harm us, are always the adverse thoughts of our mind. We have caused them and only we can heal them.

It is essential to culture the feeling of oneness, which love promotes. Love is the action of divine law, an energy force that flows through us, but which begins in the infinite creative source, and has no end. These are some positive words to describe ourselves: peaceful, beautiful, careful, cheerful, insightful, faithful, grateful, plentiful, joyful, successful, loveful and healthy.

The Healing Power is that strong feeling of love, allowed to flow out through the heart, to all persons and all living things, coupled with a sense of loving gratitude, for the truth of the Divinity of Man in the lovin God/Spirit. This is to be felt strongly every morning on awakening, and every night on retiring and will cure any so-called heart trouble.

The art of healing is in letting God/Spirit be the love in us. Let life be life in us. Let love be love in us, for love is the energizer and harmonizer of life. I will say I am in love with life. Life is in love with me. In love there is beauty and wholeness, and the full free expression of abundant life. This day is my birthday, for I am reborn in the awareness, of the love that is in me. I celebrate myself in the conscious experience of love.

It is strange how we get out of tune with the harmonizing power of love! Living at the circumference of our being, we become immersed in the unconsciousness of materiality and the pressures of conformity and competition.

The heart has become the symbolic Center of both life and love, bless your heart. The statement bless your heart, is both an excellent salutation and greeting for others and a marvelous treatment for yourself. It is like saying God/Spirit is the love in me, that salutes the center of Love in you.

Blessed is your heart. The pure love and life of God/Spirit pulsates through us in perfect rhythm and order. It is cleansed of all misunderstanding, impurity, and disease. In the beginning love.

It is this cosmic energy of love, that circulates your blood. It is the harmonious action of the creative power of love, that gives perfect respiration, perfect digestion, and perfect healthy illumination. God/Spirit is the love in our heart.

Our heart responds to the activity of divine law, by acting in perfect unison with the even, regular, firm, powerful action of life. "In the beginning love." Our heart is not the source of love, but love is the energizer of our hearts, and of the life of our whole healthy body. We are in tune with the one great heart, that beats for all, and with the infinite flow of divine love, that sustains all. And this manifests itself as the Healing Way. With divine love I may heal myself and others.

OUR WORK IS LOVE

We are filled and thrilled with love, our heart is aglow with vitalizing life, And our whole being is established, in the wholeness of love, which we all are. We are all wonderful, peaceful, and loveful children of God/Spirit.

I am a being of love, created in and of love. I am in love with life, and life is in love with me. I am the work of the loving God/Spirit made visible. And my work is to let this love express in me, as me, and to let it overflow through the work of my hands, and the creativity of my mind.

I love to work, because my work is the continuation of God/Spirit's work in me. As I do my work with love, the activity of God/Spirit works through me, to make my work easy, joyous and fulfilling. And my work will bring prosperity and success to me in abundant ways. However, I will not let these hands be the objects of my work, only the fullness of love in me, being made visible. Work is not primarily a thing one does to live, but the thing one lives to do.

The person in need has an even greater need to give. God/Spirit has work for me to do, that no one else can do, but me. Living becomes a giving, Loving is giving and working is giving. Working is simply letting God/Spirit be love in us.

The work of our life will begin with a realization that we are created in and out of love, then our very work becomes a love affair with life. And the giving of ourselves to our work, is unimpeded in total.

"It is good, better, best, I'll never let it rest, so my good is better, and my better is best."

The work that is done is the projection, of the soul as it manifests in the loving God/Spirit. When starting a project, take a moment consciously to get into the flow of the creative process.

THE LOVE AFFAIR WITH GOD/SPIRIT

Some of the clearest insights, into the mysterious cosmic energy of love, have been revealed by Teilhard de Chardin, the Catholic priest –paleontologist. In his concept of the whole universe, and the whole man, he found love to be an attraction, exercised upon each conscious element, by the center of the universe. The call toward the great union, whose attainment is the only real

business in nature. There is a center within every person and a great center within the universe. The cosmic point of total synthesis, the oneness of the love, that is God/Spirit.

Love is an energy force, that emanates as naturally from the center of us, and we are always loveful. Chardin sees love as the energy, that seeks first to lift each person into wholeness, the totalization of his True Self. And second, it seeks to bring each person into harmony, with all other persons, with whom he may be involved, and all this out of a communion or oneness, with the conscious center of total convergence of oneness in the spirit of love.

Love is an energy force that emanates as naturally from the center of us, and we are always loveful.

The greatest need of man is to be loved, which is true. It is a mistake to think that this need for love, can be filled by others. Our yearning for love can be satisfied only by touching the love center within us. It is a remembering that, "In the beginning love." That is the root of our being. The key to developing a consciousness of this love, so that the energy of love, may flow easily in and through us, as the healing power of life. And meditation is where man's love affair with God/Spirit is revealed.

THE MEDITATION OF LOVE

One should make it a practice to meditate regularly, on the love idea in universal mind. Using the prayer: "Divine love, manifest thyself in me." This produces a positive love current which, when sent forth with the power, will break up opposing thoughts and render them null and void. The love current is not a projection of the will, it is a setting free of a natural, equalizing harmonizing force, that in most people, has been damned up by the human limitation of the un-healthy ego.

The goal in meditation is to get ourselves out of the way, and let the transcendence of us become the living reality of us. Meditation is not a mental practice, but an awareness that takes place in the heart. It is essentially an experience in and of love. It is an awakening and unfolding, of our true nature as love. It is the practice of God/Spirit's divine love

Meditation is to realize and release the Allness of Love, and to open out a way whence the imprisoned splendor may escape. Meditation is the path you cut for yourself, while seeking to get beyond the limitations of human consciousness, into the transcendence of spiritual unity.

There is a center within you and within the universe, and is the center of convergence, with the infinite within you. You are the emanation or image and likeness of the love of God/Spirit. And that's totally good. There is a divine goodness at the root of all existence.

At the very center of you, there is only the loving God/Spirit, which means there is a point in you, where you are only God/Spirit. Be still and know that, "I Am God/Spirit." from Psalm 46:10. At the center where there is only God/Spirit, who is love. I am love. In the elevation of consciousness, one sees from the

transcendent level, one sees from the consciousness of the loving God/Spirit, by which one sees the point of light, at the center of all things and all persons..

Namaskar the “Divinity In Me Salutes The Divinity In You.” In this consciousness there could be no conflict, no hurt or harm, no fear or bitterness.

The practice of relating to all of nature with love, will lead you to perceive the divine mystery of things, and your commitment to love the whole world, with an all embracing love. It is an energy force flowing through you, from that cosmic center within you, and touching and igniting, that same energy force within a person or thing, that you are focusing upon. Let the emanations of the cosmic point of divine love, flow in and through you, lifting you to the feeling of being love, enabling you to think loving thoughts, of the all people, places and things in the universe.

To truly meditate and pray for peace in the world, we must find the center of peace and love in ourselves. For what is peace except the all pervading activity, and energy of love, that unites people in a way that completes and fulfills us.

In prayer and meditation, our words are no longer hopes or aspirations, or the fervent supplication to loving God/Spirit, to do something for us, or for the world. They are the pure projection of the thought of reality. It is the acceptance of the reality that love is the presence at the center of this universe.

We have traditionally prayed to God/Spirit for things. This is an idea that must be unlearned, a practice that must be changed. First we follow the ideal, “Be still and know that, I am God/Spirit.” We get the consciousness of oneness, the feeling of the presence of infinite love, life and power which is present in us and access this is meditation. We need to take time in meditation, to affirm the truth that we are rooted and grounded in the oneness of love.

We now pray from the consciousness of loving God/Spirit. We now pray not to change things, or set them right, but to accept things, and see them rightly. Celebrate the reality of you, that is created in and out of love. Know that you are in love with all God/Spirit’s creation, and that all things are in love with you. We are united in love, on a level of spirit, and in this consciousness, we are lifted up, and will draw all men unto us. And I now decree, that all relationships between all men, and all nations, are on this level of the oneness of love. And at this level of consciousness we are one with all creation. At this point it is true that “I and God/Spirit are one,” and also I am my in all people and all people are in me.

Let there be peace on earth and let it begin with me. It will begin with you, and go forth from you, in waves of love energy, reaching out into all the world, with the transcendent influence, that will lead to a union, whose attainment is the only business of nature, and it will come about because of your own love affair with God/Spirit, which is your only business in life.

THE JOY IN LOVE

Love is the only key to abundant living, and the fullness of joy. We will repeat that love is the foundation of the creative process, the root of the reality of the universe, and the very nature of the infinite power, and presence that we call God/Spirit who is love. And man is created in God/Spirit's image and likeness. That man is created in and of love. The only lack is of being unconscious, of the reality of our being, our oneness. There is no separation from all people, places, things, animals, plants and in all the atoms of the universe.

Awaken and remember who you are, and in the awakening and remembering, comes the fullness of joy. And joy is the consciousness, that at the heart and root of us, regardless of our outer circumstances, there is always enough love to go around. It is knowing that "God/Spirit who is in you, is greater than he who is in the world" from John 4:4.

The greatest consciousness of Allness is the consciousness of love. Joy is the awareness of the depth in us, to the vibration of the symphony of life.

There is no greater freedom, than the full experience of inner centered love. Joy can never come through self indulgence, only through self realization. The fullness of being, is the fullness of joy. We seek chiefly to be, then out of the fullness of our being, there will be a glorious release of creativity. Seek first the realization of oneness with loving God/Spirit and with all life. "The kingdom of God/Spirit is within you," from Luke 17:20. This is one of the most reassuring ideas ever given to man. Joy is the fullness of the inner kingdom, which is your dynamic potentiality for growth. There can be no fear or anxiety when we know our oneness, with the kingdom of all good.

To reiterate there is no greater joy than the joy of knowing "I am." When you know that you are created in and of love, there is the joy of knowing "I am love," and "I am loveful." Joy is in the awareness, that you are in love with all persons, places, things, animals, plants and atoms of the universe, and there is enough love to go around.

MORNINGS OF JOY

When arising in the morning, your first view of the day, is an opportunity, to look with eyes of love, to see things from a consciousness of oneness, and to let this transcendent awareness, of the cosmic energy of love, well up within you, and pour forth through you, to clap its hands in joy.

You literally applaud the world, for all the good that you know, is on the way, despite appearances to the contrary. It is a beautiful way of life, facing the crisis of the dawn, by accepting the opportunity, instead of the danger of it. In this consciousness you begin each day, by tuning into, and turning on, the symphony of life. You refuse to let your day be determined by dark clouds, or your consciousness influenced by the divisive, separation of these troubled times.

Take some time at the beginning of the day, to be still in quiet meditation, to indulge your love affair with God/Spirit. Listen for the song of your soul, which God/Spirit is singing through you. And then rejoice God/Spirit has put a new

song in your heart, and sing for joy. Then this will be a joyful day, a harmonious and successful day. This is when you tune out the song of other days, and tune in on the song, that the infinite is singing in you, and as you, in this moment. When you are conscious that you are in love with life, with all God/Spirit's creation, and that the whole universe is in love with you, you will have everything going for you.

Retirement is a new opportunity, to set fresh goals, to launch into new projects and new adventures. Accept it. Rejoice in it. Change your retirement to looking at it as advancement. Face forward with the joyful sense that life is happening, and not has happened. Every morning sing the new song of life. The happy ones are those, who face the future calm and unafraid, and with non-resistance, singing the new song of today.

Until you are happy, you will be neither healthy or free. You'll find that when you touch the root, of the reality within you, and experience the flow of inner centered love, you will have the whole universe on your side. You'll be full of Health, Love and Joy.

CONCLUSION OF LIFE IS FOR LOVING

The one eternal lesson for all of us, is how better we can love. The kingdom of God/Spirit is within, and is our possibility of love and joy, which we can give life to at any time. Jesus' whole mission was to help people, to turn inward and discover the new world of their infinite potential. "These things I have spoken to you, that my joy may be in you, and that your joy may be full." From John 15:11. The spiritual life is the overflow of love, in the process of being and moving from love to loving. Love may be only a concept, while loving is a creative happening.

The key to the continuity of joy in life is to let life happen. We live in a world of change. There is little point in trying to hold back the tides, and thus to resist the relentless process of growth and change.

The healthy minded person, who is grounded in the consciousness and awareness, of oneness with the creative process of love within us. This meets the experiences of life with non-resistance. We let life happen, and then we can deal with the pain or sorrow or injustice that may result, seeing it all as a growth experience.

Yeshua said, "You shall know the truth, and the truth shall make you free," from John 8:32. He was saying if you open the doors and windows of your life you will have fresh air, light and love.

Accept the truth of "In the Beginning Love," that you are created in and of love, and that love is the reality of your being, and you are loveful.

Know the truth, identify with your eternal oneness at the center of you, and in that moment there will be a great exhilaration, for joy is love clapping its hands, in the ecstasy of life's fullness. It is being in love with the God/Spirit of you. It is

knowing that you are a loveful being, fully capable of meeting every changing situation, knowing that there is always enough love to go around.

Always remember that love is the nature of the presence of God/Spirit in you, it is present, and that the great need in life, is to be loved, but you can only be loved from within. You let God/Spirit be love in you. “Behold I have loved you with an everlasting love.” You are loveful, and living the life of healthy joy.



THANK YOU FOR LISTENTING TO

“Life Is For Loving” by Eric Butterworth, a popular spiritual book, by the author that believed, that Jesus/Yesua taught, “we are all divine.” These are excerpts with edited by and voiced by Douglas K. Poor – Namaskar – I salute the divinity in you.

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